

**Multnomah County Library  
and Portland Community College**

**present:**



# **Tools for School!**



**Teaching adults how to find  
resources to answer your questions  
about going back to school**

# Who am I?

- **Worked in restaurants, print shops, warehouses**
- **Didn't go back to school for 17 years**
- **Went to PCC**
- **Graduated from PSU**






# Introducing **Module 2** of a 3-module series

**Module 1 - Technology Fundamentals:  
using e-mail and the web**




**Module 2 – “How do I start?”: figuring out  
where I want to go to school and for  
what**

**Module 3 – “How do I get there?”:  
figuring out information resources for  
financial aid, registration, childcare, and  
other needs**

# Module 2 – What we cover

-  Looking up career information
-  Finding school websites
-  Finding the specific information you want from a variety of resources
-  Evaluating the resources you find
-  Keeping track of things you find

# Let's try an example:

-  Career outlook information for:  
massage therapists
-  Should we use books, or look on the internet for resources? Why or why not?
-  One good place to look:  
<http://www.bls.gov/oco/home.htm>  
the Bureau of Labor Statistics' Occupational Outlook Handbook

# The massage therapists' page, part one

Address <http://www.bls.gov/oco/ocos295.htm> Go Links

 **U.S. Department of Labor**  
Bureau of Labor Statistics  
*Occupational Outlook Handbook*

[www.bls.gov](http://www.bls.gov) Search the Handbook  GO

[BLS Home](#) | [OOH Home](#) | [Frequently Asked Questions](#) | [A-Z Index](#) | [Contact Us](#)

Printer-friendly version ([HTML](#)) ([PDF](#)) 

## Massage Therapists

- [Nature of the Work](#)
- [Working Conditions](#)
- [Training, Other Qualifications, and Advancement](#)
- [Employment](#)
- [Job Outlook](#)
- [Earnings](#)
- [Related Occupations](#)
- [Sources of Additional Information](#)

### SIGNIFICANT POINTS

- Employment is expected to grow faster than average over the 2004-2014 period as more people learn about the benefits of massage therapy.
- Many States require formal training and a national certification in order to practice massage therapy.
- This occupation contains a large number of part-time and self-employed workers.

**NATURE OF THE WORK** [\[About this section\]](#) [▲ Back to Top](#)

Many physicians have been recommending massage therapy for years. Nearly 2,400 years. The medical benefits of

**Occupational Outlook Handbook 2006-07 Edition**

**Occupations:**

- [Management](#)
- [Professional](#)
- [Service](#)
- [Sales](#)
- [Administrative](#)
- [Farming](#)
- [Construction](#)
- [Installation](#)
- [Production](#)
- [Transportation](#)
- [Armed Forces](#)

**Related Links:**

- [Tomorrow's Jobs](#)
- [OOH Reprints](#)
- [Important Info](#)
- [How to Order a Copy](#)
- [Teacher's Guide to OOH](#)

**Additional Links:**

- [Career Guide to Industries](#)

# The massage therapists' page, part two

## DISCLAIMER:

Links to non-BLS Internet sites are provided for your convenience and do not constitute an endorsement.

General information on becoming a massage therapist is available from State regulatory boards.

For more information on becoming a massage therapist, contact:

- Associated Bodywork & Massage Professionals, 1271 Sugarbush Dr., Evergreen, CO 80439.
- American Massage Therapy Association, 500 Davis St., Suite 900, Evanston, IL 60201. Internet: <http://www.amtamassage.org>

For a directory of schools providing accredited massage therapy training programs, contact:

- Commission on Massage Therapy Accreditation, 1007 Church St., Suite 302, Evanston, IL 60201. Internet: <http://www.comta.org>
- Accrediting Commission of Career Schools and Colleges of Technology, 2101 Wilson Blvd., Suite 302, Arlington, VA 22201. Internet: <http://www.accsct.org>

Information on national testing and national certification is available from:

- National Certification Board for Therapeutic Massage and Bodywork, 1901 S. Meyers Rd., Suite 240, Oakbrook Terrace, IL 60181.

OOH ONET CODES

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# massagetherapy.com

» LEARN MORE ABOUT MESSAGE » BECOME A MESSAGE THERAPIST » FIND A MESSAGE THERAPIST » MEDIA CORNER » HOME

This month's feature: *Celebrating Father's Day*

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- Associated Bodywork & Massage Professionals, 1271 Sugarbush Dr., Evergreen, CO 8
- American Massage Therapy Association, 500 Davis St., Suite 900, Evanston, IL 6020

<http://www.amtamassage.org>

Contact us

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# Still, buyer beware!

*Careers*

TRAINING PROGRAMS

-- Choose A Different Location --


**OREGON**

[Ashmead College - Portland Campus](#)  
9600 Southwest Oak Street, 4th Floor  
Tigard, OR 97223  
Tel:  866/737-3807 




Build a new career with expert massage therapy training! ([Read more.](#))

[Oregon School of Massage](#)  
9500 Southwest Barbur Blvd., #100

» CAREER OPTI  
» CHOOSING TH  
» STATE BOARD  
» SCHOOLS & T



# So what did I learn in 5 minutes?

-  Returning to school means looking for lots of different kinds of information
-  The library can help me learn to find and evaluate information I need
-  If I want to be a massage therapist, I know where to start!



# Questions?

**Thanks for coming!**  
**contact us at**  
**[toolsforschool@multcolib.org](mailto:toolsforschool@multcolib.org)**  
**for additional information**